

Daily Care & Activities

Warning: Do not self-diagnose or self-medicate on the basis of the measurements. Always consult your doctor.

Before beginning the Daily Care & Activities, complete sensor and app setup by following the Setup Instructions included in your kit.



**Check Connection** 

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# Daily Tasks on Phone

Example shown - Your screens may differ

## Begin CareProgram<sup>™</sup> 100 đή



### Answer Questions

### Care Card ← Daily Items Example CareProgram Item 1 What is your body temperature? Example CareProgram 5 Anchor Date 0% complete ap to enter 05/04/2020 4:15 PM Example CareProgram Item 1 Example CareProgram Item 2 Example CareProgram Item 3 **1**3

Select each item listed under "Daily Items" to answer question(s) from your healthcare provider.

Answer the question that pops up. Repeat until you've completed all "Daily Items" for each day.

From Activity Center, tap  $\equiv$  icon to open the menu. Tap "Live" to view your live data from your sensor.

Noah Davis noahdavis@masimo.com

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Profile

My Device

Change Passwor

Notification Settings

Change Security Questions

Activity Center

If your sensor is applied correctly and connected, you will see your live data with numbers.

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Select "Start" to begin your CareProgram or "Resume" to continue if you started it on a previous day.

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# Caring for Your Sensors



# Other Sensor Tips

- Remove the sensor when you shower but you can leave it on when you wash your hands.
- Replace sensor tape once a day. You can change it more often if the tape gets dirty, wet, or no longer sticks.
- Change the sensor if battery light is orange or red.
- For additional resources, including videos and instructions, visit **mymasimo.com**